



Off Site Semen Specimen Collection for Semen Analysis

A period of 3 to 4 days of abstinence (no ejaculation or intercourse) is recommended for an optimal sample

Prior to semen collection please make sure that your hands and penis are clean and free of lubricants, powders, soaps and other foreign materials. All of these items could be toxic to sperm.

The sample must be collected in the specimen cup that we provide you with.

The sample must arrive at the office within one hour after collection. When transporting the sample, keep the specimen warm (room—body temperature). To accomplish this, keep the specimen cup close to your body in upright position if it is cold outside. If the sample is too cold, it could adversely affect the semen sample.

The person bringing in the semen sample must have photo identification with them

If you are unable to collect a specimen, please call the office and speak to the doctor about alternative treatment options.

Please complete the following information prior to your arrival at the office:

Male Partner's Name _____

Date _____

Collection method (circle one): Masturbation Intercourse with withdrawal Condom Other

Time of ejaculation: _____

Days since last ejaculation: _____

Did any part of the sample not get into the container (circle one)? YES NO

I acknowledge that this semen sample is a product of my body.

Signature: _____

Date: _____