



Instructions for taking Clomiphene Citrate (Clomid)

Cycle Day 1, 2, or 3

Schedule baseline blood work and ultrasound exam to ensure that your hormone levels are normal and that you do not have an ovarian cyst. Once you've received results from us stating that your results are favorable for you to start treatment this month, pick up your prescription of Clomid and human chorionic gonadotropin (hCG).

Cycle Day 3, 4, or 5

Begin taking your Clomid and continue to take it for five consecutive days.

Cycle Day 10-14

Return to the office for follicle monitoring (blood work and ultrasound exam) to assess your response. If you are not yet ready to ovulate, you may be asked to return for follicle monitoring in a few days time.

You will be given a "trigger shot" of hCG (e.g., Ovidrel, Novarel) to induce your ovulation or instructed what time to self administer it at home. Approximately thirty-six hours after the hCG injection you will have the intrauterine insemination performed. To ensure a good sample on the day of hCG, your partner should ejaculate on the day of hCG administration or one day prior to hCG administration.

You may be asked to return for a progesterone blood test 7 days later.

Your pregnancy test should be scheduled twelve days after the insemination.

If you have any questions, please do not hesitate to ask.

Good Luck!