



## Instructions for taking Femara (Letrozole)

### Day 1, 2, or 3

Schedule baseline blood work and ultrasound exam to ensure that your hormone levels are normal and that you do not have an ovarian cyst. Once you've received results from us stating that your results are favorable for you to start treatment this month, pick up your prescription of Femara.

### Day 3, 4, or 5

Begin taking your Femara and take it for five consecutive days.

### Day 10-14

Return to the office for follicle monitoring (blood work and ultrasound exam) to assess your response. If you are not yet ready to ovulate, you may be asked to return for follicle monitoring in a few days time.

Femara may cause side effects, but not usually when it is taken for five to ten days. Tell your doctor if any of these symptoms develop and are severe or do not go away: hot flushes, night sweats, nausea, vomiting, muscle, joint, or bone pain, excessive tiredness, headache, dizziness, muscle weakness, swelling of the hands, feet, ankles, or lower legs, loss of appetite, constipation, diarrhea, stomach pain, difficulty falling asleep or staying asleep, vaginal bleeding or irritation, breast pain, flu-like symptoms, difficulty urinating, pain on urination, cough or rash.

If you have any questions, please do not hesitate to ask.

## Good Luck!