



Clomiphene Citrate (Clomid) Challenge Test

This is a more stringent test to assess a woman's ovarian reserve compared to obtaining a FSH and estradiol levels at the beginning of the menstrual cycle.

A woman has her blood tested for FSH and estradiol levels at the beginning of the menstrual cycle, and then these hormones are repeated after completing a five day course of Clomid. A good test result is when the day 10 FSH level does not rise from the baseline FSH level, but the estradiol level increases on day 10 compared to baseline. This test may be utilized to determine if you are a good candidate for fertility treatment.

Cycle Day 1, 2, or 3

Schedule baseline bloodwork and ultrasound exam to ensure that your hormone levels are normal and that you do not have an ovarian cyst. Once you've received results from us stating that your results are favorable for you to start treatment this month, pick up your prescription of Clomid and human chorionic gonadotropin (hCG).

Cycle Day 5-9

Begin taking your Clomid and continue to take it for five consecutive days.

Cycle Day 10

Return to the office for follicle monitoring (blood work and ultrasound exam) to assess your response. If you are not yet ready to ovulate, you may be asked to return for follicle monitoring in a few days time.

If you have any questions, please do not hesitate to ask.