



Instructions prior to Egg Retrieval

hCG Administration Day

Human chorionic gonadotropin (hCG) comes in generic or brand name (e.g., Pregnyl, Novarel, Ovidrel). All of these medications are hCG. For intramuscular injection any form of hCG is appropriate to use except Ovidrel. (Ovidrel is only used subcutaneously).

Draw up _____ ml of diluent (sterile water) into a 3 ml syringe with an 18 or 21 Gauge needle.

Inject all of the diluent into the hCG powder. Shake to dissolve all of the hCG powder.

Draw back 1 ml of hCG (= _____ U).

Switch needle to 25 Gauge, 1 / 1.5 " needle and inject at _____ PM/AM

Do not take any more Lupron or gonadotropins (e.g., Follistim, Gonal F, Menopur).

If you are using Ganirelix or Cetrotide, you should take this medication today.

Day after hCG

You will have blood work to confirm that you have absorbed the hCG injection.

Do not take any fertility medications today.

Egg Retrieval Day

You need to be fasting after midnight on the day of your egg retrieval (no tea, toast, snack, etc.).

Please arrive at the IVF Center 30 minutes prior to your scheduled retrieval time.

Your retrieval will be on _____ PM/AM

Good Luck!